



End of Season Meet



Short Course Level 3

Saturday 11th and Sunday 12th July 2026

**Tynemouth Pool
Preston Road North
North Shields**

**Age Groups 9, 10, 11, 12, 13, 14yrs/over
50m, 100m, 200m all strokes and 200 IM
All events HDW. Age at 12th July 2026**

**Medals to top 3 in each age group
Senior and Junior Skins with cash prizes**

**Six lane 25m pool with anti-wave lane ropes and full
electronic timing & scoreboard.**

**Entry Fees: £7.50 per individual event
Spectator Tickets £8.00 per day/£15 weekend pass**

**Entry and information available at
www.newcastleswimteam.co.uk
Or email admin@newcastleswimteam.co.uk
Closing Date: Midday Friday 19th June 2026**



**NEWCASTLE SWIM TEAM
END OF SEASON MEET
TYNEMOUTH POOL**

SATURDAY 11TH & SUNDAY 12TH JULY 2026

PROGRAMME OF EVENTS

Licence No: TBC

Session 1:

Saturday 11th July 2026

Warm up TBC

Start TBC

Session 2:

Saturday 11th July 2026

Warm up TBC

Start TBC

Male/Open 9 years + 200m Individual Medley
Female 9 years + 50m Butterfly
Male/Open 9 years + 50m Freestyle
Female 9 years + 200m Breaststroke
Male/Open 9 years + 200m Butterfly
Female 9 years + 100m Backstroke

Male/Open 9 years + 200m Freestyle
Female 9 years + 50m Breaststroke
Male/Open 9 years + 50m Backstroke
Female 9 years + 200m Backstroke
Male/Open 9 years + 100m Butterfly
Female 9 years + 100m Freestyle
Male/Open 9 years + 100m Breaststroke

**Male 13/under &
14/over SKINS**

Session 3 :

Sunday 12th July 2026

Warm up TBC

Start TBC

Session 4 :

Sunday 12th July 2026

Warm up TBC

Start TBC

Female 9 years + 200m Individual Medley
Male/Open 9 years + 50m Butterfly
Female 9 years + 50m Freestyle
Male/Open 9 years + 200m Breaststroke
Female 9 years + 200m Butterfly
Male/Open 9 years + 100m Backstroke

Female 9 years + 200m Freestyle
Male/Open 9 years + 50m Breaststroke
Female 9 years + 50m Backstroke
Male/Open 9 years + 200m Backstroke
Female 9 years + 100m Butterfly
Male/Open 9 years + 100m Freestyle
Female 9 years + 100m Breaststroke

**Female 13/under &
14/over SKINS**

Closing date for entries: Friday 19TH June 2026

Entry Fee: £7.50 per swim

All Events HDW basis

Age Groups are 9 yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14/over.

(Age as at 12th July 2026).

Entry file

available from: admin@newcastleswimteam.co.uk



**NEWCASTLE SWIM TEAM
END OF SEASON MEET
TYNEMOUTH POOL
SATURDAY 11th & SUNDAY 12TH
JULY 2026**



| UPPER LIMITS | | | | | | | | | |
|--------------|---------|---------|---------|-------------------|----------|---------|---------|---------|--|
| Male/Open | | | | | Female | | | | |
| 9/10/11 | 12 | 13 | 14/over | | 9/10/11 | 12 | 13 | 14/over | |
| No limit | 27.00 | 25.00 | 22.00 | 50 Free | No limit | 28.00 | 27.00 | 25.00 | |
| No limit | 57.00 | 56.00 | 50.00 | 100 Free | No limit | 1.01.00 | 58.00 | 56.00 | |
| No limit | 2.07.00 | 2.03.00 | 1.44.00 | 200 Free | No limit | 2.10.00 | 2.06.00 | 1.58.00 | |
| No limit | 30.00 | 29.00 | 24.00 | 50 Back | No limit | 31.00 | 29.00 | 26.00 | |
| No limit | 1.05.00 | 1.03.00 | 53.00 | 100 Back | No limit | 1.09.00 | 1.04.00 | 1.00.00 | |
| No limit | 2.22.00 | 2.15.00 | 1.56.00 | 200 Back | No limit | 2.24.00 | 2.16.00 | 2.10.00 | |
| No limit | 33.00 | 32.00 | 26.00 | 50 Breast | No limit | 35.00 | 33.00 | 31.00 | |
| No limit | 1.15.00 | 1.10.00 | 57.00 | 100 Breast | No limit | 1.16.00 | 1.13.00 | 1.08.00 | |
| No limit | 2.44.00 | 2.32.00 | 2.11.00 | 200 Breast | No limit | 2.46.00 | 2.38.00 | 2.27.00 | |
| No limit | 28.50 | 28.00 | 23.00 | 50 Fly | No limit | 30.50 | 29.00 | 26.50 | |
| No limit | 1.03.00 | 1.01.50 | 52.00 | 100 Fly | No limit | 1.07.00 | 1.04.00 | 1.00.00 | |
| No limit | 2.23.00 | 2.16.00 | 1.55.00 | 200 Fly | No limit | 2.31.00 | 2.24.00 | 2.14.00 | |
| No limit | 2.24.00 | 2.17.00 | 1.55.00 | 200 IM | No limit | 2.26.00 | 2.22.00 | 2.14.00 | |



NEWCASTLE SWIM TEAM
END OF SEASON MEET
TYNEMOUTH POOL
SATURDAY 11TH & SUNDAY 12TH JULY 2026

1. The meet will be swum under SE Laws and Technical Rules and is licensed by SENR.
2. The pool length is 25m of variable depth with 6 lanes & anti-wave lane ropes; a separate swim down facility is available. It is the responsibility of coaches to ensure that the swim facility is used correctly – in the event that it is not, the pool will be closed.
3. Swiss Timing will be in operation with scoreboard display. Times and places shown on the electronic scoreboard are for information only, and are not necessarily the official result.
4. There will be no strobe available, backstroke ledges will be used. In water starts for backstroke may be used to ensure compliance with session timings.
5. Gender categories are Male/Open or Female.
6. The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.
7. Entrants can only compete in one gender category for the duration of the meet.
8. Entries will be accepted from rankings and training times. If there is no time entered then the swimmer will be rejected from the event.
9. Events will be all strokes all ages: 50m, 100m, 200m & 200IM, All events will be HDW.
10. Upper time limits will apply. Swimmers entered on times faster than the qualifying time **will be excluded**. All entry times must be converted to 25m pool times by use of the SE Conversion tables.
11. Age Groups are 9 yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14/over. **Age as at 12th July 2026.**
12. Medals will be issued to the first three places in each age group and events as listed above.
13. Skins event will be held for the male and female 13 years and under and 14 years and over age groups. The 6 fastest times recorded on the day for the 200IM will produce the start lists. Cash prizes will be awarded to the competitors. 6th & 5th place £5, 4th place £10, 3rd place £15, 2nd place £25, 1st place £50
14. In the event of the meet being oversubscribed swimmers will be rejected from the slowest submitted times in each age group. In the event the meet is oversubscribed, poolside entries will not be accepted.

26. Expenses for visiting officials will be paid at 45p per mile from the home address to Tynemouth Pool and return. Visiting officials with swimmers competing at the event will be reimbursed expenses at 50% of total claim.
27. To comply with the Data Protection Act you agree that we may publish your personal information as part of the results of the event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licenses or for publishing results either for the event alone or combined with or compare to other events. Results may include (but not limited to) name, any club affiliation, race times, age category.
28. Neither Newcastle Swim Team nor North Tyneside MBC can be held responsible for loss or damage to spectators or swimmers' property. A No Outdoor Footwear Policy exists in the changing village and on poolside and this will be enforced. We ask that you please inform your swimmer in advance of the gala so they can come prepared to comply with these requests.
29. The address for Tynemouth Pool is Preston Rd N, North Shields NE29 9PX. There is ample parking available near the pool, both outside the building and opposite in Morrison's car park. Parking fees may apply. Anyone parking in a disabled bay without a valid disability badge or parking in an EV charging space may be subject to a parking fine.

Any points not covered above will be at the discretion of the Meet Manager

Skins Information

1. The opportunity to compete in the skins event will be offered to 6 male and 6 female swimmers aged 13 years and under and 14 and over, who have completed the fastest 200m I.M. time from that session.
2. If less than 6 swimmers accept in either category wish to compete, we will invite swimmers 7th, 8th, 9th etc. into the event.
3. The skins competition is based on an individual medley, with all four strokes available to swim in each round. A random draw will take place before each round to decide the stroke to be swum.
4. Races will take place 3 minutes apart as demonstrated below

| Male-Open/Female 13 & under | | | Male-Open/Female 14 & over | | |
|--------------------------------|--------------------|------------------------|-------------------------------|--------------------|------------------------|
| Race Number | Number of swimmers | Race start time (mins) | Race Number | Number of Swimmers | Race start time (mins) |
| 1 | 6 | 0 | 1 | 6 | 0 |
| 2 | 5 | 3 | 2 | 5 | 3 |
| 3 | 4 | 6 | 3 | 4 | 6 |
| 4 | 3 | 9 | 4 | 3 | 9 |
| 5 | 2 | 12 | 5 | 2 | 12 |

5. At the end of each race, the swimmer who finishes last or is disqualified, will be eliminated from the competition.
6. Prizes will be awarded to all placed male and female swimmers.
7. The skins race distance will be 50m.

8. Both male and female events will start with 6 swimmers.
9. Male/Open 13yr & Under and 14yr & over will run alternately with 3 minutes between each age group race.
10. Female 13yr & Under and 14yr & over will run alternately with 3 minutes between each age group race.
11. The referee and/or officials will select the stroke for each race through a random process of drawing coloured balls from a hat. Each time, the ball will be returned to the hat prior to the next race selection.
12. The first race start will be made according to ASA normal starting procedure.
13. Subsequent rounds, the starter will give the command 'Ten seconds' before the end of each 3 minute time slot. There is no whistle or verbal commands, just the start signal. Swimmers should then take up starting positions ready for the start signal to sound.
14. If a swimmer is 'moving at the start' the heat will continue and the swimmer 'moving at the start' will be eliminated at the end of the race instead of the slowest swimmer in that particular race.
15. If a swimmer "False Starts" and enters the water the remaining swimmers will be stood down and the race re-started when it is safe to do so. Health and Safety of all the swimmers is very important and the race cannot be re-started until safe to do so. The swimmer who "false started" will be eliminated instead of the slowest swimmer in that race.
16. There will be no backstroke ledges in use for the skins events.
17. The referee will determine the slowest swimmer, who is to be eliminated in each round using either Automatic Officiating Equipment (AOE) or by placing and will inform the slowest or disqualified swimmer of this following every race. To determine this, if AOE is used, the referee will determine whether it operated correctly. The referee will then inform the eliminated swimmer. If no clear decision can be reached (e.g. a dead heat) all swimmers will swim in the next heat, where two swimmers will be eliminated.
18. If a swimmer is disqualified for a stroke infringement then they will be eliminated and not the slowest swimmer in that race. Strokes will be in accordance with FINA laws and Technical Rules.
19. The races proceed according to these rules with the races in each event being 3 minutes apart, until there is an overall male and female winner.
20. Swimmers will remain in their original assigned lanes throughout the event other than during the final, where the two middle lanes will be used.
21. In all matters pertaining to the Skins event not covered by these rules the Referee's decision is final.



**NEWCASTLE SWIM TEAM
END OF SEASON MEET
TYNEMOUTH POOL
SATURDAY 11TH & SUNDAY 12TH JULY 2026**

SUMMARY OF ENTRIES

CLUB _____

CONTACT NAME _____

ADDRESS _____

TEL NO _____

E-MAIL _____

Female Entries _____ @ £7.50 £ _____

Male/Open Entries _____ @ £7.50 £ _____

Coaches Pass _____ @ £20.00 £ _____

Total Entry Fee Enclosed £ _____

CLOSING DATE FOR ENTRIES FRIDAY 19TH JUNE 2026

Return to:

Julie Row on admin@newcastleswimteam.co.uk

It would be greatly appreciated if any officials from your club can support our meet. If any are available and willing to support, please contact Brian Denholm on officials@newcastleswimteam.co.uk